



Do the Lough Derg Three Day Pilgrimage from where you are . . .

Saturday 27th June – Monday 29th June 2020

The Prior, Fr La Flynn, will do the pilgrimage on the Island during these three days. At the same time, a small number of our Lough Derg staff will be doing the pilgrimage in St. Mary's Church in Pettigo: this is the nearest church with a webcam to allow us to offer a live link in support of those who will choose to do the pilgrimage wherever they are. On Saturday 27th to Monday 29th June you go to www.loughderg.live to join the pilgrimage online.

*You can of course make the pilgrimage by simply following faithfully the attached **Pilgrimage Programme** and **Order of Station** wherever you are, on your own or with others, always following the guidelines in relation to Covid-19 safety.*

The pilgrimage will follow the traditional format, with a few practical adjustments. Evening Prayer of the Church will be recited instead of evening Mass on Saturday and Sunday evenings. Mass will be celebrated at 6.30am on Sunday morning only.

Pilgrims are required to begin their fast from midnight on Friday 26th and adhere to the regulation one Lough Derg type meal each day as if they were doing the pilgrimage on the Island. The meal consists of black tea/coffee, dry toast/wheaten bread/oatcakes. Water and prescribed medication can be taken at any time. From after the final Station on Monday morning soft drinks may also be taken.

Pilgrims are to remain barefoot from when they begin their first station on Saturday until they complete their final station on Monday morning.

From Tuesday 30th June, those who have undertaken the pilgrimage should please email us at info@loughderg.org or telephone +353 71 9861518 to confirm that they have completed it conscientiously and giving a full postal address, so that we can issue you with a memento of this historic occasion.





PILGRIMAGE PROGRAMME

Make the pilgrimage wherever you are following this Programme and *Order of Station*. Join online via our website: www.loughderg.live

Saturday 27th June 2020

	Fast from midnight Friday 26 th June
	Remove footwear and begin Stations any time on Saturday 27 th . You may join online at 12noon, 3:00pm and 5:00pm Or you may make your stations in your own time A recording of one full Station Prayer will be available on the website 3 Stations are to be completed before 9.30pm One Lough Derg type meal to be had before 9:00pm
6:30pm	Evening Prayer of the Church
9:30pm	Night Prayer
10:00pm	The Vigil begins
10:30pm	Lighting of the Vigil Candle and Vigil Talk by Fr Pat McHugh
11:45pm	Rosary
12:30am	4 th Station
2:00am	5 th Station
3:30am	6 th Station
5:00am	7 th Station

Sunday 28th June

6:30am	Mass online . Celebrant Fr Pat McHugh, to coincide with Prior celebrating Mass on the Island
8:00am	Reconciliation Service led by Mary McDaid 8 th Station to be done at any time today or join online at 11.00am Remember that the Vigil must be sustained throughout the day
12noon	Angelus followed by Renewal of Baptismal Promises One Lough Derg type meal to be had before 9:00pm
3:00pm	Way of the Cross
6:30pm	Evening Prayer of the Church
9:30pm	Night Prayer with extinguishing of Vigil Candle. The Vigil ends.

Monday 29th June

7:00am	Papal Blessing. Final Station online (or in your own time)
8:00am	Farewell & Hail Glorious St Patrick online

Pilgrims are welcome to submit a prayer of petition online at www.loughderg.live or by post.



ORDER OF STATION

- Begin the Station in St Patrick's Basilica praying quietly in the presence of Jesus in the Blessed Sacrament.
 - Kneeling at St. Patrick's Cross say one Our Father, one Hail Mary and one Creed.
 - Kneeling at St. Brigid's Cross say three Our Fathers, three Hail Marys and one Creed.
 - Standing at St. Brigid's Cross with arms outstretched say three times "I renounce the World, the Flesh and the Devil".
 - Walking around St Patrick's Basilica pray seven decades of the Rosary (1 Our Father, 10 Hail Marys, 1 Glory be to the Father, for each decade) and one Creed at the end.
 - St. Brigid's Bed:
Walking around the outside say three Our Fathers, three Hail Marys and one Creed
Kneeling at the entrance say three Our Fathers, three Hail Marys and one Creed
Walking around the inside say three Our Fathers, three Hail Marys and one Creed
Kneeling at the cross in the centre say three Our Fathers, three Hail Marys and one Creed
- Repeat these exercises (both the actions and the prayers) at:-
- St. Brendan's Bed
 - St. Catherine's Bed
 - St. Columba's Bed
 - Walking around the outside of the large Penitential Bed which comprises St Patrick's Bed and Sts Davog & Molaise Bed say six Our Fathers, six Hail Marys and one Creed
 - Kneeling at the entrance of St Patrick's Bed say three Our Fathers, three Hail Marys and one Creed
Walking around the inside say three Our Fathers, three Hail Marys and one Creed
Kneeling at the cross in the centre say three Our Fathers, three Hail Marys and one Creed
 - Kneeling at the entrance of Sts Davog & Molaise Bed say three Our Fathers, three Hail Marys and one Creed
Walking around the inside say three Our Fathers, three Hail Marys and one Creed
Kneeling at the cross in the centre say three Our Fathers, three Hail Marys and one Creed
 - Standing at the Water's Edge say five Our Fathers, five Hail Marys and one Creed
Kneeling at the Water's Edge say five Our Fathers, five Hail Marys and one Creed
 - Kneeling at St Patrick's Cross say one Our Father, one Hail Mary and one Creed
 - Return to St Patrick's Basilica and conclude the Station by reciting for the Pope's Intentions either Psalm 16 or five Our Fathers, five Hail Marys and one Creed.



STATION PRAYERS



Our Father

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary full of grace
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now
and at the hour of our death. Amen.

Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the living
and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen

Psalm 16

Preserve me, God, I take refuge in you.
I say to the Lord: You are my God.
My happiness lies in you alone.

He has put into my heart a marvellous love
for the faithful ones who dwell in his land.

Those who choose other gods
increase their sorrows.

Never will I offer their offerings of blood.
Never will I take their name upon my lips.

O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.
The lot marked out for me is my delight:
welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight;
Since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul
among the dead,
nor let your beloved know decay.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever.

Give praise to the Father Almighty,
to his Son Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and forever.
Amen.



Evening Prayer Saturday 27th June 2020

O God come to our aid.

O Lord make haste to help us.

Glory be to the Father

and to the Son and to the Holy Spirit.

As it was in the beginning is now,

and ever shall be, world without end. Amen. Alleluia.

Evening Hymn

Psalm 140 (141)

Lord let my prayer rise before you like incense

Deliver me, O LORD, from evildoers;

protect me from those who are violent,
who plan evil things in their minds
and stir up wars continually.

They make their tongue sharp as a snake's,
and under their lips is the venom of vipers.

**Guard me, O LORD, from the hands of the wicked;
protect me from the violent
who have planned my downfall.**

**The arrogant have hidden a trap for me,
and with cords they have spread a net
along the road they have set snares for me.**

I say to the LORD, "You are my God;
give ear, O LORD, to the voice of my supplications."

O LORD, my Lord, my strong deliverer,
you have covered my head in the day of battle.

Do not grant, O LORD, the desires of the wicked;
do not further their evil plot.

Those who surround me lift up their heads;

**let the mischief of their lips overwhelm them!
Let burning coals fall on them!**

**Let them be flung into pits, no more to rise!
Do not let the slanderer be established in the land;
let evil speedily hunt down the violent!**

I know that the LORD maintains the cause of the needy,
and executes justice for the poor.

Surely the righteous shall give thanks to your name;
the upright shall live in your presence.

Glory be to the Father

and to the Son and to the Holy Spirit.

As it was in the beginning is now,

and ever shall be, world without end. Amen

Lord let my prayer rise before you like incense



Psalm 141 (142)

You are my refuge, Lord, my heritage in the land of the living.

I call upon you, O LORD; come quickly to me;
give ear to my voice when I call to you.
Let my prayer be counted as incense before you,
and the lifting up of my hands as an evening sacrifice.

**Set a guard over my mouth, O LORD;
keep watch over the door of my lips.
Do not turn my heart to any evil,
to busy myself with wicked deeds
in company with those who work iniquity;
do not let me eat of their delicacies.**

Let the righteous strike me;
let the faithful correct me.
Never let the oil of the wicked anoint my head,
for my prayer is continually against their wicked deeds.

**When they are given over to those who shall condemn them,
then they shall learn that my words were pleasant.
Like a rock that one breaks apart and shatters on the land,
so shall their bones be strewn at the mouth of Sheol.**

But my eyes are turned toward you, O GOD, my Lord;
in you I seek refuge; do not leave me defenseless.
Keep me from the trap that they have laid for me,
and from the snares of evildoers.
Let the wicked fall into their own nets,
while I alone escape.

**Glory be to the Father
and to the Son and to the Holy Spirit.
As it was in the beginning is now,
and ever shall be, world without end. Amen**

You are my refuge, Lord, my heritage in the land of the living.

Canticle: Philippians 2

The Lord Jesus humbled himself: therefore God has highly exalted him forever.

Though he was in the form of God,
Jesus did not regard equality with God
as something to be exploited,
but emptied himself,
taking the form of a slave,
being born in human likeness.

**And being found in human form,
he humbled himself
and became obedient to the point of death—
even death on a cross.**

Therefore God also highly exalted him
and gave him the name
that is above every name.

**So that at the name of Jesus
every knee should bend,
in heaven and on earth and under the earth.**

And every tongue should confess
that Jesus Christ is Lord,
to the glory of God the Father.

**Glory be to the Father
and to the Son and to the Holy Spirit.
As it was in the beginning is now,
and ever shall be, world without end. Amen.**

The Lord Jesus humbled himself: therefore God has highly exalted him forever.

Short Reading: Romans 11:33-36

O the depth of the riches and wisdom and knowledge of God!
How unsearchable are his judgments and how inscrutable his ways!
“For who has known the mind of the Lord?
Or who has been his counsellor?
Or who has given a gift to him,
to receive a gift in return?”
For from him and through him and to him are all things.
To him be the glory forever. Amen

Short Responsory:

How great are your works O Lord
How great are your works O Lord

In wisdom you have created them all.
How great are your works O Lord

Glory be to the Father and to the Son and to the Holy Spirit.
How great are your works O Lord

Canticle: Magnificat

Anyone who does not take his cross and follow in my footsteps is not worthy of me, says the Lord.

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God, my salvation.
For he has shown me such favour – me, his lowly handmaiden.

Now all generations will call me blessed,
because the mighty one has done great things for me.
His name is holy, his mercy lasts for generation after generation
for those who revere him.

He has put forth his strength: he has scattered the proud and conceited,
torn princes from their thrones; but lifted up the lowly.
He has filled the hungry with good things;
the rich he has sent away empty.

He has come to the help of his servant Israel,
he has remembered his mercy as he promised to our fathers,
to Abraham and his children for ever.

Glory be to the Father
and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Anyone who does not take his cross and follow in my footsteps is not worthy of me, says the Lord.

Prayers and Intercessions

Glory be to the one God, Father, Son and Holy Spirit as we humbly pray:

Lord be with your people

Almighty Father, bring justice to our world, that your people may live in the joy of your peace.

Lord be with your people

Bring all peoples into your kingdom, that all mankind may be saved

Lord be with your people

Give to married people the strength of your peace,
the guidance of your will and the grace to live together in constant love.

Lord be with your people

Be the reward of all who have given us their help and grant them eternal life.

Lord be with your people

Have mercy on those who have lost their lives through warfare,
violence or Covid-19 and receive them into your rest.

Lord be with your people

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come. Thy will be done on earth,

as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil. Amen

Lord God, since by the adoption of grace you have made us children of light, do not let false doctrine darken our minds, but grant that your light may shine within us and we may always live in the brightness of truth. Through our Lord Jesus Christ, your Son who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

The Lord bless us and keep us from all evil and bring us to everlasting life. Amen.

Hymn to Mary



Evening Prayer Sunday 28th June 2020

O God come to our aid.

O Lord make haste to help us.

Glory be to the Father

and to the Son and to the Holy Spirit.

As it was in the beginning is now,

and ever shall be, world without end. Amen. Alleluia.

Evening Hymn

Psalm 116 (117)

'You are the Christ, the Son of the living God.' *'Blessed are you, Simon Bar Jona.'*

O praise the Lord, all you nations.

Acclaim him, all you peoples.

Strong is his love for us.

He is faithful forever.

Glory be to the Father

and to the Son and to the Holy Spirit.

As it was in the beginning is now,

and ever shall be, world without end. Amen.

'You are the Christ, the Son of the living God.' *'Blessed are you, Simon Bar Jona.'*

Psalm 147

You are Peter and upon this rock

I will build my church.

O praise the Lord, Jerusalem!

Sion, praise your God!

He has strengthened the bars of your gates,

he has blessed the children within you.

He established peace on your borders,

he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command.

He showers down snow white as wool,
he scatters hoar frost like ashes.

He hurls down hailstones like crumbs.

**The waters are frozen at his touch;
he sends forth his word and it melts them:
at the breath of his mouth the waters flow.**

He makes his word known to Jacob,
to Israel his laws and decrees.

He has not dealt thus with other nations;
he has not taught them his decrees.

Glory be to the Father

and to the Son and to the Holy Spirit.

As it was in the beginning is now,

and ever shall be, world without end. Amen.

You are Peter and upon this rock

I will build my church.



Canticle: Ephesians 1

You are the chosen instrument of God, Saint Paul, apostle, the preacher of truth in all the world.

Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us in Christ with every spiritual blessing in the heavenly places,
just as he chose us in Christ before the foundation of the world
to be holy and blameless before him in love.

**He destined us for adoption as his children through Jesus Christ,
according to the good pleasure of his will,
to the praise of his glorious grace that he freely bestowed on us in the Beloved.**

In him we have redemption through his blood, the forgiveness of our trespasses,
according to the riches of his grace that he lavished on us.

**With all wisdom and insight he has made known to us the mystery of his will,
according to his good pleasure that he set forth in Christ,
as a plan for the fullness of time, to gather up all things in him,
things in heaven and things on earth.**

*Glory be to the Father
and to the Son and to the Holy Spirit.
As it was in the beginning is now,
and ever shall be, world without end. Amen.*

You are the chosen instrument of God, Saint Paul, apostle, the preacher of truth in all the world.

Short Reading: Romans 1:1-3,7

From Paul, a servant of Christ Jesus who has been called to be an apostle, and specially chosen to preach the Good News of his Son that God promised long ago through his prophets in the scriptures. To you all, who are God's beloved in Rome, called to be saints, may God our Father and the Lord Jesus Christ send grace and peace.

Short Responsory:

The apostles proclaimed the word of God and feared no one
The apostles proclaimed the word of God and feared no one

They gave testimony to the resurrection of Jesus Christ
The apostles proclaimed the word of God and feared no one

Glory be to the Father and to the Son and to the Holy Spirit
The apostles proclaimed the word of God and feared no one.

Canticle: Magnificat

Glorious are the apostles of Christ: they loved each other in this life; they are not separated in death.

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God, my salvation.
For he has shown me such favour – me, his lowly handmaiden.

Now all generations will call me blessed,
because the mighty one has done great things for me.
His name is holy, his mercy lasts for generation after generation
for those who revere him.

He has put forth his strength: he has scattered the proud and conceited,
torn princes from their thrones; but lifted up the lowly.
He has filled the hungry with good things;
the rich he has sent away empty.

He has come to the help of his servant Israel,
he has remembered his mercy as he promised to our fathers,
to Abraham and his children for ever.

Glory be to the Father
and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Glorious are the apostles of Christ: they loved each other in this life; they are not separated in death.

Prayers and Intercessions

We pray to Christ who built his church
on the foundation of the apostles and prophets
Lord be with your people.

Simon the fisherman was called by you to be a fisher of men:
call others today to share in his task.
Lord be with your people.

When the disciples feared that the ship was sinking,
you commanded the sea and there was calm:
protect your church in the midst of trouble
and give her the peace that the world cannot give.
Lord be with your people.

...Prayers and Intercessions continued

After your resurrection
you gathered your church around Peter:
gather all your people now
into the unity for which you prayed.

Lord be with your people.

You sent Paul as an apostle to all men:
let your good news be preached today through all creation.

Lord be with your people.

You entrusted the keys of your kingdom to your church:
open the gates of life to the dead who put their trust in you.

Lord be with your people.

**Our Father, who art in heaven,
hallowed be thy name.**

**Thy kingdom come. Thy will be done on earth,
as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen**

Lord our God, may the blessed apostles Peter and Paul support us by their prayers.
Through them you first taught your church the Christian faith.
Provide us now, by their intercession, with help for our eternal salvation.
Through our Lord, Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,
one God for ever and ever. Amen

The Lord bless us and keep us from all evil and bring us to everlasting life. Amen

Hymn to Mary



NIGHT PRAYER

Saturday 27th & Sunday 28th June 2020

Opening Hymn

God, our Father, we have come tonight to offer you our worship and our thanks
in the presence of Jesus Christ your Son.

Your eyes are open day and night, watching over your children.
Your ears are always ready to listen to our prayer.

We are here tonight as pilgrims who trust in your forgiveness.
Allow us to see you with eyes of faith and to hear what you say to us.

Make us thankful for all the good we have received from you this day.

*Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now and ever shall be,
world without end. Amen.*

And now we acknowledge our wrongdoing and ask God's mercy.

I confess to Almighty God,
and to you my brothers and sisters,
that I have sinned through my own fault
in my thoughts and in my words,
in what I have done and in what I have failed to do.
And I ask Blessed Mary, ever virgin,
all the angels and saints,
and you my brothers and sisters,
to pray for me to the Lord our God.

An Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins,
for not loving others and not loving you.
Help me to live like Jesus,
and not sin again. Amen



We offer God our praise saying: “Blessed be God forever”

I will give you glory, O God my King,
I will bless your name forever.
I will bless you day after day
and praise your name forever. **R**

The Lord is kind and full of compassion.
Slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **R**

I will hear what the Lord God has to say,
a voice that speaks of peace:
peace for his people and his friends
and those who turn to him in their hearts. **R**

The Lord is faithful in all his words
and loving in all his deeds.
He supports those who fall
and raises all who are bowed down. **R**

We offer God our petitions

Lord, reward those who have helped us today;
take care of those who have been in our thoughts,
especially our families, our friends
and others who are important to us. Lord, hear us.

Lord, graciously hear us.

Bless those who are most in need of our prayers:
the sick and the suffering, the old and the lonely,
and all who are deprived in any way. Lord, hear us.

Lord, graciously hear us.

Help us Lord, to put an end to conflict and division
in the world and in our society. Lord, hear us.

Lord, graciously hear us.

Watch over priests and religious, and other ministers of the gospel.
Keep them faithful in the service of your people. Lord, hear us.

Lord, graciously hear us.

We commend to you our departed relatives and friends
and others who have gone before us. Lord, hear us.

Lord, graciously hear us.

Put new heart into us, your pilgrim people.
May we find here the peace of mind
that comes from knowing that our sins are forgiven
and that we are in the hands of our heavenly Father. Lord, hear us.

Lord, graciously hear us.

**We honour Mary in the presence of her Son as we say:
"Mother of God, Pray for us"**

Mary, you were chosen by God to be the Mother of our Saviour;
Help us to remember that you are our mother also. **R**

You were ready and willing to hear God's word and keep it.
Inspire us always to put our faith into practice. **R**

Mary, you were a loving wife and mother.
May parents everywhere follow your example. **R**

We invoke you as 'Mother of Perpetual Help'.
Be a strength and comfort this night to all who are in need. **R**

You were taken, body and soul, to the glory of Heaven;
Fill our hearts tonight with the hope of Heaven's glory. **R**

We remember Saint Patrick, our Patron

Lord, look kindly on his Irish children, at home and over the world.
Lead us through our present problems. Teach us to recognise our social duties,
to serve our local communities, and to live in harmony with our neighbour.

Give us tonight some of Patrick's courage on the mountain,
where he discovered the power of prayer and of penance.

Finally Lord, we offer you sincerely the mental and physical struggles of our Lough Derg pilgrimage.

We join our voices in praise and thanksgiving with the thousands who have been here before us.
May we, like them, have the courage to walk in Patrick's footsteps.

May our pilgrimage remind us also of our journey through life and bring us nearer to our home in heaven.

Tantum Ergo - O Sacrament Most Holy

On Saturday night, the Hymn to St Patrick follows here immediately.

On Sunday night, continue below.

On Sunday, after O Sacrament Most Holy, Night Prayer concludes as follows:

Leader:

Now that the Vigil Candle has been extinguished,
those who have completed their vigil say together the Cantic of Simeon.

**Save us Lord while we are awake, protect us while we sleep,
that we may keep watch with Christ, and rest with him in peace.**

**At last, all powerful Master,
you give leave to your servant to go
in peace according to your promise.**

**For my eyes have seen your salvation,
which you have prepared for all nations:
a light to enlighten the gentiles,
and the glory of Israel your people.**

**Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and forever. Amen.**

**Save us Lord while we are awake, protect us while we sleep,
that we may keep watch with Christ, and rest with him in peace.**

Hail Glorious Saint Patrick